



# Medic First Aid & CPR Training

According to the Occupational Safety and Health Administration Code of Federal Regulations 1926.50©, persons having a valid First Aid Certification must be available at all job sites.

## Medic First Aid/CPR Training Covers

- S.E.T.U.P
- Using Barriers
- One Rescuer CPR
- Managing Shock
- Emergency Medical Care Plan
- First Aid and the Law
- The Circles of Care Concept
- Responsiveness
- Chain of Survival
- Warning Signs
- Emergency Medical Services
- Prevention of Disease Transmission

## Fees and Registration

Class is held from 7:00am—11:00am on the **First Saturday** of each month.  
Reservations are **required**.

\$45 for ABC Members  
\$70 for Non-Members

\*All cancellation requests must be received 48 business hours before scheduled class. Cancellation request must be submitted in writing via e-mail ([membership@abccentralcal.org](mailto:membership@abccentralcal.org)) or fax (661-392-9076). Individuals who fail to notify ABC within 48 prior to class will be subject and charged the full class fee; there will be no refunds or rescheduling. **NO EXCEPTIONS.**



Upon Completion of the course, you will receive a combined First Aid/CPR training card valid for 2 years.

Training is held at:  
**ABC Central California Training Facility**  
19466 Flightpath Way  
Bakersfield, CA 93308  
(661) 392-8729



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